

Maple City Gymnastics



Doing our part to keep Maple City Gymnastics and our gymnasts safe.

I want to do my part to help Maple City Gymnastics keep my child(ren), his/ her teammates, the coaches, other families and everyone else at the gym as safe as possible under the Covid-19 pandemic. I have read, understood and agree to follow the following policies and procedures.

I understand and agree that:

- I will drop my gymnast off and pick him/ her up at the designated team door to the gym.
- Team athletes will be picked up at the front parking lot.
- Only one parent or non-participating individual will be allowed to enter the building at the main entrance for young child classes ONLY.
- Parents are required to wear a mask when entering MCGC facility.
- No parents, other than those of children in young child classes are allowed to enter the facility for observation at this time, I will have to drop off and pick up my child(ren).
- There will be limited to no hands-on spotting for at least the first month of practice after MCGC re-opens.
- My child will support the social distancing standard of 6' while at the gym.
- Practice start and end times will be staggered to insure time for the gymnasts to get in and out of the gym safely, to provide time to wipe down the equipment between each practice and for coaches to thoroughly wash their hands. Parents will be expected to drop off and pick up on time.
- My gymnast will have regular opportunities to use the hand sanitizing stations available in all areas of the facility.
 - My gymnast will use the restroom and wash his/ her hands thoroughly upon entering the gym, between rotations, and while exiting the facility as needed.
- My gymnast will bring his/ her own bag to the gym each day with all recommended personal items included.
- I will have my gymnast wash hands and feet thoroughly upon arriving back home.
- I agree to keep my gymnast home if he/ she or anyone in my family is coughing, has a temperature over 100, or other Covid-19 symptoms.
- I understand and agree that these procedures will change and evolve over time and that I will follow any new standards required by the State of Michigan and/or Maple City Gymnastics.

I understand that the coaches and everyone at the gym will make a strong effort to maintain social distancing but that there will be times when incidental contact and less than prescribed physical distancing will occur. I am aware and agree that spotting is an essential part of training my gymnast in order to keep him/ her safe and to prevent injury. I will allow my child to be spotted when spotting is necessary. I further understand that I am voluntarily allowing my child to participate in programs and activities offered by Maple City Gymnastics.

Signature: parent or guardian

Date

Name of participant(s)